

Your Money

Ask first
before
you make
a buy

pg 8



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EDMONTON • TUESDAY, JULY 14, 2009

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Celebrity Buzz

Longoria
gets
tied up
in silk



pg 14

New H1N1 unstoppable, says WHO

HEALTH Saying the new influenza A (H1N1) virus, also known as swine flu, is "unstoppable," the World Health Organization gave drug makers a full go-ahead to manufacture vaccines against the pandemic influenza strain yesterday and said health-care workers should be the first to get one.

Every country will need to vaccinate citizens against the swine flu virus and must choose who else would get priority after nurses, doctors and technicians, said Dr. Marie-Paule Kieny, WHO director of the Initiative for Vaccine Research.

Several reports showed the new virus attacks people differently than seasonal flu — affecting younger people, the severely obese and seemingly healthy adults, and causing disease deep in the lungs.

REUTERS

Beauty pg 12



Get healthy hair naturally

Learning Curve pg 10

Trucking in a recession

FocusOn FirstNations

For the next week, Metro Canada will be focusing on First Nation and Aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, July 21 through 23, in Calgary. Today
• Bernd Christmas on land treaties, pg 5

St. Joseph's Farewell to a fighter



The body of Cpl. Nicolas Ashley Bulger, 30, of the 3rd Battalion, Princess Patricia's Canadian Light Infantry, is carried into St. Joseph's Basilica yesterday. Bulger was killed on July 3 by a roadside bomb in Afghanistan.

Police bust huge counterfeit ring

Four charged, more than 1,000 phoney cards seized

VICTORIA HANDYSIDES
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What began as a random traffic stop last month revealed an elaborate criminal network and the most sophisticated counterfeit credit card operation city police say they have ever seen.

Four people are charged — three women in their early 20s and a 31-year-old man — after police searched a vehicle and later raided a home on 100 Avenue and 117 Street.

"This is a huge production. I have never seen a setup like this to make cards from scratch," Det. Bob Gauthier said yesterday.

day, waving his hand over a long table full of printers, rolls of multi-coloured foil, and cards in various stages of completion.

Police say they've shut down the hub of what they believe is an organized crime network, which stretches across western Canada.

The fakes, which are practically flawless to the untrained eye, include credit cards, points club cards, health care cards, gift cards and out-of-province driver's licences.

In total, police seized over 1,000 cards, counterfeiting equipment, electronics and methamphetamine.

"Meth keeps you up ... You can stay awake and make these things forever on it"

Det. Bob Gauthier

"They could keep pumping out these cards until they got caught. A person who might be a meth head at the bottom of the rung might get pegged," he said, adding he usually sees a connection with the drug in economic crimes. "Meth keeps you up," he said. "You can stay awake and make these things forever on it."

Credit card data to encode on the magnetic strips, he added, was stolen from various stores.

Operations like these are too advanced for people to keep from becoming victims, Gauthier said, adding the best protection is to keep a close eye on financial statements.

"As soon as some new technology comes out, the bad guys are on it right away," he said.

"It's a huge problem out there, and it's getting worse. We don't have the manpower to combat it."

ShareYourViews

edmontonletters@metronews.ca

Chrétien appointed to Order of Merit

AWARD He is no Mother Teresa but Jean Chrétien now has something in common with the late nun of Calcutta.

Queen Elizabeth II appointed the former prime minister of Canada to the Order of Merit yesterday — a rare distinction that has been conferred upon the likes of Florence Nightingale and T.S. Eliot.

"What can I say?" Chrétien, 75, said yesterday. "I take it as a great compliment and I accept it with some humility. I did my job as best I could and Her Majesty was gracious enough to recognize that."

Liberal Senator Jim Munson said Canadians should be proud of the honour.

"I think it's special for Canada. I think (he was) a prime minister who reflected what a country felt about itself," said Munson. "Whether it was getting our economy in order, not going to war in Iraq, introducing the Clarity Act or simply feeling comfortable as a country being led by Mr. Chrétien. I guess this award belongs to all Canadians."

TORSTAR NEWS SERVICE



Former prime minister Jean Chrétien meets Queen Elizabeth II in this 2002 file photo. The Queen appointed Chrétien to the prestigious Order of Merit.

The Government of Canada provided funding of \$150,000 for the Metis Child and Family Services Society during an announcement in Edmonton yesterday. This funding will be used to support Choices, a partnership project that aims to provide programs and support services to urban aboriginal young people to improve success in school. **METRO EDMONTON**

Feds fund program for aboriginal education

Local



Festival comes to close

The 25th Annual Edmonton International Street Performers Festival wrapped up Sunday after a successful run of fun in and around Sir Winston Churchill Square from July 3 to 12. Approximately 225,000 people took up the festival's call to come play in the street and enjoyed the festival frivolity, showering street performers with laughter, applause and hats filled to the brim. **METRO EDMONTON**

Tour inviting Canadians to get physical

ParticipAction seeks 'unique stories' to motivate couch potatoes, organizer says

GRAHAM MCCANN
for Metro Edmonton



More online

• For more inspiration, or to tell your story, go to participaction.com.

ParticipAction worked its way out to the legislature yesterday to inspire Canadians to get off the couch and into a healthy lifestyle.

This was part of the Inspire the Nation tour, by both ParticipAction and Sun Life Financial, that is gathering stories about fitness efforts around Canada to inspire others.

"We've really had the chance to hear some very unique stories. Those stories will definitely inspire other Canadians to get more active as well," said Melanie Plourde, an organizer and spokesperson for the event.

One of these stories comes from Diane Lawes, who bought an American Eskimo dog primarily for motivation to walk.

"I caught the ads that ParticipAction was running, (and) instantly I thought of my dog," said Lawes. "So I sat down and wrote a little story about our experience."

"He requires a great deal of exercise. If it wasn't for

the dog, I would not be going out on a daily basis."

Among the faces at the event was Olympic gold medalist Lori-Ann Muenzer. She won in the 2004 match sprint finals in Athens.

"When there was a resurgence of (ParticipAction), I was absolutely thrilled and started talking with the president," she said. "So we really connected together, and started talking and I said if there is anything I can do to help out, please give me a call."

In high school, Muenzer said, she was not active because of other priorities in her life.

"One day I decided I wasn't happy and I wasn't feeling good, and I decided I wanted to race," she said.

She looked in the Yellow Pages, found a club where she could start training and eventually started racing.



Top left: Olympic gold medalist Lori-Ann Muenzer and former Paralympic athlete Ken Thomas take part in the ParticipAction Sun Life Inspire the Nation tour yesterday at the legislature grounds. Bottom left: Andrea Bates, a ParticipAction ambassador, throws around a football. Right: Diane Lawes and her dog Tucker.



Forensic investigators search a cordoned park area on 109 Street and 78 Avenue yesterday morning, following a stabbing that sent a female victim to hospital with non-life-threatening injuries

Park stabbing victim sent to hospital

VICTORIA HANDSIDES
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CRIME A forensic investigation disrupted the early morning commute for motorists battling rush hour yesterday, after a woman was stabbed in a Whyte Avenue-area park.

Police cordoned off a section of Joe Morris Park along 109 Street and 78 Avenue, and searched the area of a treed walking path for evidence.

The stabbing occurred just before 8 a.m. The victim was rushed to hospital with non-life-threatening injuries.

Police have not laid any charges in connection with the incident, and say the victim has been uncooperative with investigators.

17-year-old dies after vehicles collide

SYLVAN LAKE A 17-year-old boy is dead after a collision near Sylvan Lake Saturday.

The incident happened at the intersection of Range Road 12 and Township Road 382 when an eastbound Jeep Cherokee was struck by a northbound Ford Expedition, RCMP said.

Damage to both vehicles required emergency crews to use the Jaws of Life to

free the victims.

STARS ambulance was sent, but a 17-year-old boy died on the scene.

Other passengers were taken to hospital with non-life-threatening injuries. Alcohol was not a factor in the collision, police said.

The fatality was the second in the Sylvan Lake area that day.

METRO EDMONTON

RCMP seeking tips in shooting death

RED DEER RCMP in Red Deer are continuing to investigate the murder of Brandon Prevey.

Prevey, also known as Commando, 29, was shot while sitting in a vehicle on the morning of April 5 in Red Deer.

Witnesses say that a black car was seen speeding from the area after the shots were heard, police said.

A number of witnesses have come forward, but police still want anyone else with information to give their input.

Tips from the public can remain anonymous and could be rewarded with up to \$2,000.

If you have any information about the shooting, call Crimestoppers at 1-800-222-TIPS (8477).

METRO EDMONTON

News in brief

RAID A 52-year-old woman and a 29-year-old man have been charged after Bonnyville RCMP raided a suspected grow-op near Bear Trap Lake on July 10. Police said that the search revealed 23 marijuana plants, seeds, hash oil and various other drug paraphernalia.

METRO EDMONTON

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WHAT'S ONLINE TODAY

Blogs The It's Called Football show updates TFC's progress on signing Julian De Guzman and speaks to Colin Miller of the Victoria Highlanders on his team's rapid growth.

Your Money Allan Small on how to seize the opportunity from the recent market pullback, at metronews.ca/investing



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Canada/World

Family suspected wife in Gatti's death: Friend

As news of champion boxer Arturo Gatti's death filtered out Saturday from the Brazilian resort where he had gone to meet his wife in an apparent attempt to reconcile a rocky marriage, his family members were paralyzed with shock, hoping it was a mistake.

But when Amanda Carine Rodrigues, 23, was charged Sunday with murdering her husband by strangling him with her purse strap, there was no surprise, friends of the family say.

Gatti's older brother, Joe, didn't mince words in speaking to boxing trainer Howard Grant on Saturday, before news of the murder charge broke.

"He said, 'I think his wife set him up. The woman was no good,'" Grant said.

Ivano Scarpa, a longtime friend who also spoke to Joe Gatti on Saturday, said both he and Joe Gatti thought it suspicious that the death occurred in Rodrigues's home country of Brazil. Gatti's financial suc-



Brazilian wife of former Canadian world boxing champion Arturo Gatti, Amanda Rodrigues, centre, 23, is escorted by policemen after being arrested in Recife, Brazil, on Sunday.

cess also gave them pause.

"The fact that they weren't on the best of terms, was it a smart move for him to have tried (to rekindle the relationship) again?" Scarpa said.

"It's a tough call, a question we were asking ourselves. We believe he shouldn't have gone down. But when there's love — she's also the mother of

his son."

Rodrigues denies being involved in her husband's death.

Gatti, 37, a former junior welterweight champion and one of the sport's most dramatic boxers, was found dead in the holiday flat the couple had rented in the Brazilian seaside resort of Porto de Galinhas.

TORSTAR NEWS SERVICE

News in brief

FARMING A new wave of urban farming, called SPIN — small plot intensive farming — is growing in cities across North America and cashing in on a new eager market in the wake of the local-food craze. The movement's leader, Wally Satzewich, says an urban farmer can make \$50,000 profit on a half-acre by planting up to four high-end crops like arugula and spinach over a single season. **TORSTAR NEWS SERVICE**

Shark boasts Twitter account

ONLINE Besides a large ego and predatory instincts, Dwayne the Shark has one more thing in common with today's celebrities: A Twitter account.

The 175-pound, eight-foot-long nurse shark has started "tweeting," updating his followers on the social networking platform about a range of topics — from his swimming schedule to his excitement for

Hannah Montana teen actor Mitchel Musso's concert at the Toronto Zoo on Sunday.

A live feed of Dwayne's Twitter updates was launched yesterday on torontozoo.com.

"Sharks happen to be very interesting and very funny," said Adam Thur, the campaign director who tweets on behalf of Dwayne. **TORSTAR NEWS SERVICE**

Renewed unrest in Xinjiang

CHINA Chinese police shot dead two people yesterday in renewed unrest in the northwestern region of Xinjiang, state media said, after at least 184 people died in riots last week.

The official Xinhua news agency said the two people killed in the regional capital Urumqi were Uighur. Police were trying to stop them attacking another Uighur when the security forces opened fire, the report said. Another Uighur was injured.

Of the official death toll from the July 5 riots, 137 were Han Chinese, who form the majority of China's 1.3 billion population, and 46 were Uighur, a Muslim people native to Xinjiang and culturally tied to Central Asia and Turkey.

Uighurs attacked Han Chinese in Urumqi that day after police tried to break up a protest against fatal attacks on Uighur workers at a factory in south China. Han Chinese in Urumqi launched revenge attacks later in the week. **REUTERS**



Police watch an ethnic Uighur woman and her son cross the road near where an incident involving a group of ethnic Uighurs and Chinese soldiers occurred a few hours earlier in Urumqi yesterday.

Germany charges accused Nazi death camp guard

WAR CRIMES German prosecutors charged suspected Nazi death camp guard John Demjanjuk yesterday with helping to kill nearly 28,000 Jews in the Second World War, setting the stage for what could be Ger-

many's last big Nazi war crimes trial.

Nazi hunters welcomed the move, which follows years of legal arguments over the activities of Demjanjuk, 89, who denies any role in the Holocaust.

Prosecutors said the longtime Ohio resident, who has been held in a jail in southern Germany since May 12 after he was deported from the United States, would be tried in a Munich court, but did not specify when. **REUTERS**

Most-wanted list

• Retired factory worker John Demjanjuk tops the Simon Wiesenthal Center's list of its 10 most-wanted suspected war criminals.

News in brief

AFGHANISTAN Vowing to win insurgents over to the political process, Afghan President Hamid Karzai flew to the Taliban heartland of Kandahar yesterday on his first major campaign tour for next month's presidential election.

U.S. Republican lawmakers pressed an attack against U.S. Supreme Court nominee Sonia Sotomayor yesterday, fighting an uphill battle to derail her nomination by President Barack Obama as the first Hispanic justice on the top U.S. court. Sotomayor was widely expected to win confirmation on the ideologically divided nine-member court. **REUTERS**



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Comment

Order not without merit

Love him or hate him, Jean Chrétien deserves honour

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

The online comment boards lit up yesterday with news the Queen was bestowing the highly prestigious Order of Merit on Jean Chrétien.

Many wondered how the monarch could do such a thing? You're getting senile, Queenie, they said. The guy was a political Soprano. Got lucky because he had no opposition.

As someone who has written a couple books on Jean Chrétien, I found it surprising, given his controversy-laden denouement, that such an exalted

honour came. Surprising, but not overly so.

As with so many political careers, you can fashion your rating for Chrétien by selectively choosing either the negative or the positive.

The negative? The sponsorship scandal, Shawinigate, GST flip-flopping, the gun registry fiasco, military helicopters, the APEC controversy, his pedestrian manner, his overcentralizing of power, his being hounded out of office by his own party. Fixate on these, and you've got a loser. Yep, the Queen has gone batty.

The positive? Balancing the terribly red books, leaving the economy in great shape, pushing back separatism with the Clarity Act, telling George W. Bush where to get off on Iraq, defending the ordinary people against corporate inter-

ests, winning three straight majority governments. Fixate on these — and it's a different story.

Chrétien was a narcissistic politician who viewed politics as sport. For him, it wasn't about ideals so much as the ego-gratification of winning. At the same time, he was a leader of conviction with rock-hard Canadian values. He hated ideology because "when you're doctrinaire, you're always looking to justify your doctrine." He never liked the rich because the rich, he said, always wanted more. "It's very dangerous," he said once, "when you find comfort with the big shots."

He was a consolidator, not an innovator, a pragmatist, not an intellectual. He mingled with the elites but down deep was never one of them. He would show up at a golf course on his own,

even as prime minister, and join in with whomever happened to be teeing off — a factory worker, a clerk, a salesman.

He bore grudges. Offend him and he would take you down — the way he did that day when, sporting his dark terminator shades, he dispensed with a protester. But Jean Chrétien loved the country and wasn't dour or mean-spirited. At root he was a bullish champion of salt-of-the-earth Canadian values.

Despite all his shortcomings, this is where his significance lies. Through four decades in the political maelstrom, he stood up for what this country means like few others ever have. For that he is deserving of high honours.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Time to clean the slate on land treaties



Bernd
Christmas

Canada's constitution of 1867 and the 1981 Charter of Rights are old pieces of paper. Old documents that have no meaning in today's age. We should just rid ourselves of these and start over. Besides, they were written by folks who just don't know what is good for us in a modern age.

Prepare the ramparts, it's go time!

Logic would say it doesn't make sense. Our societal and legal foundations come from these writings. The rule of law is etched within every word. No one would question the need for a system that keeps order and ensures that our collective and in-

dividual human rights are upheld.

So why is it a different set of rules when it comes to dealing with the legitimate land claims of our approximately 1.5 million Aboriginal Peoples? People that have been on this land mass for thousands of years. People that have been displaced, and forced onto parcels of land called "reserves."

Starting around the late 1960s, Aboriginal Peoples began to place legitimate land claims before the government of Canada. Those claims now total 1,046, only 272 of which have been settled since 1972. While government position has progressed, for the most part the basic premise is this: Any claim must first be approved by the government before it can proceed.

Does that make sense?

FocusOn FirstNations

Editor's Note: This is the first of a series of columns focusing on First Nations and Aboriginal issues leading up to the Assembly of First Nations convention, July 21-23, in Calgary.

For example, if you want to remove burglars from your house, then you call the cops. Land claim policy is the opposite. In the case of your home, you would first have to ask the burglars if it is OK to call the cops!

The issue is that we all believe our system of law is there to protect us. So we must ensure that all people in this country are protected, including Aboriginal Peoples.

Land claims must move forward in a legitimate

and efficient manner. They cannot be slowed down by governments that are afraid that the use of those old sacred treaties signed by chiefs with European monarchs is a waste of time, too costly, and meaningless. Treaties are the most sacred form of recognition between two parties.

If Canada is a democracy, then elected leaders must once and for all clean the slate with the Aboriginal Peoples of the land.

The government apologized to Aboriginal Peoples who endured the brutality of residential schools. Why can it not apologize and own up to the treaties signed by previous governments?

Bernd Christmas is a Mi'kmaq lawyer practising Aboriginal and corporate law with the Bernd Christmas Law Group in Toronto.



Worth mentioning

Experts unearth history of pandemic flu viruses

Flu viruses that sparked the three worst pandemics in the last century circulated in their near-complete forms for years before the

occurred, re-

searchers in Hong Kong and the United States have found.

The H1N1 virus that sparked the Spanish flu of 1918-1919

circulated in

swine and humans well before the pandemic started, and it did not come directly from birds as previously thought, they added. Instead, it was probably generated by genetic exchanges between flu viruses from swine and humans.

This contrasts sharply

with previous studies that suggested the H1N1 virus of 1918 was a mutant that jumped direct from birds to human and ended up

causing as many as 50 million people.

The findings are considered important because of the lack of studies of the virus in animals before

the current outbreak of H1N1. Through understanding the natural history of viruses, monitoring of current viruses can be fine-tuned, the team from the University of Hong Kong and St. Jude Children's Hospital in the United States wrote.

REUTERS

Other viruses

Published in the Proceedings of the National Academy of Sciences, the study also involved two other pandemic viruses — the H2N2 responsible for the Asian flu of 1957, and the H3N2, which sparked the Hong Kong flu of 1968.

Metro Online Poll Results

76%
SAID
YES

Would Canada be better off if the next campaign elects a majority government?

24%
SAID
NO

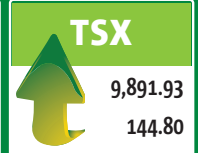
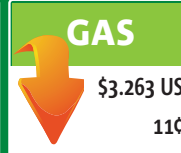
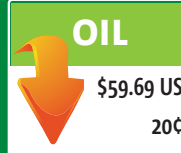
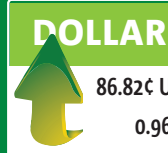
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Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

McGraw-Hill is trying to sell BusinessWeek magazine, a source told Reuters yesterday, at a time when media advertising sales are slumping and would-be buyers for newspapers and magazines are scarce. McGraw hired boutique investment bank Evercore Partners Inc. to manage the sale, said the source. **REUTERS**

Business



EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Missing Montreal financier's clients stunned

Scott Hallman, 27, was driving home to Kingston, Ont., on Friday when he heard a report on the radio that a Montreal area financial adviser had gone missing and his firm's assets were frozen.

Hallman thought it

might be a mistake. But he knew it was for real when he stepped in his house and his mother asked if he'd heard the news about Earl Jones.

Authorities allege that Jones, through his firm, Earl Jones Consultant &

Never licensed

- Investors are now learning that Jones was never licensed to handle money from investors.

Administration Corp., was

operating a multimillion-dollar Ponzi scheme worth between \$30 million and \$50 million. Quebec's stock market regulator, L'Autorité des marchés financiers, froze Jones' bank accounts last week but little remained.

Authorities still have not been able to locate Jones. His clients are mostly from the Montreal area, but also reside in other parts of Ontario and the U.S., authorities say.

Investors and their families are reeling from the

shock. "I may not be able to return to university in September," Hallman said in an interview yesterday.

Montreal police said yesterday they would like to hear from anyone who gave money to Jones.

TORSTAR NEWS SERVICE

Microsoft to move Office suite to web

TECHNOLOGY Microsoft Corp. will release three versions of its dominant Office software that users can access over the web, catching up with products that rival Google Inc. launched three years ago.

It is the latest salvo in an intensifying war between Microsoft and Google, which announced plans last week to challenge Windows with a free operating system. Microsoft introduced a new search engine, Bing, last month.

"Microsoft is finally making the conversion to the web-based world. First, we saw that through Bing. Now we are seeing that through Office," said Jefferies & Co. analyst Katherine Egbert.

Microsoft will offer for free to consumers web-based versions of its Office programs, including a word processor, spreadsheet, presentation software and a note-taking program.

Microsoft will also host one business version of Office at its own data centres, charging companies a yet-to-be-announced fee. Companies with premium service contracts can run a second web-based version from their own data centres at no extra cost. The company hopes to make money by using the free software to lead users to its ad-supported websites, including Bing.

REUTERS

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New York Double-doubles in the Big Apple



Tim Hortons Inc. began serving its coffee, baked goods and soups and sandwiches in 12 locations in New York City, including this one in Midtown Manhattan for the first time yesterday.

Strike begins at Vale Inco mines

LABOUR Unionized workers at Vale Inco's nickel mine in Sudbury and its nickel refinery in Port Colborne, both in Ontario, went on strike at midnight yesterday, after rejecting the company's contract offer over the weekend.

The strike won't have any immediate impact on nickel output because Vale had closed the Sudbury

mine through the end of July because of low nickel prices.

Negotiations between Vale Inco — the nickel mining and processing division of Brazil's Companhia Vale do Rio Doce — and its Sudbury union broke down as the two sides failed to agree on bonuses, pensions and other issues.

REUTERS

Business In brief

AIRLINE Pilots at Air Canada have narrowly voted in favour of a 21-month work and pension agreement, the union said yesterday. The airline has said lenders want labour peace before they will consider new loans to the carrier, which needs \$600 million in order to stave off its second bankruptcy

filing in six years. **BAIL** Former Stanford International Bank chief financial officer James Davis was granted \$500,000 US bail yesterday and plans to plead guilty to charges related to an alleged \$7 billion US Ponzi scheme as early as next week, his lawyer said.

REUTERS

Lemaire deals with the Devils

Jacques Lemaire is returning for a second stint as coach of the New Jersey Devils. Lemaire led the Devils to the Stanley Cup in 1995.

METRO NEWS SERVICES

7

Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

Doc gets the nod

Jays ace Halladay to start all-star game for A.L.

Toronto Blue Jays ace Roy Halladay and San Francisco Giants righty Tim Lincecum have been selected as the starting pitchers for the 2009 all-star game tonight at Busch Stadium in St. Louis.

American League manager Joe Maddon of the Tampa Bay Rays and National League skipper Charlie Manuel of the World Series champion Philadelphia Phillies made the announcements at a news conference yesterday, also laying out the starting lineups for their respective teams.

"It's very difficult to pick that one guy," Maddon said about choosing the starting pitcher, adding Kansas City's Zack Greinke was also part of the mix. "It's not an easy decision to make. Based on this season and the body of

work, I thought he deserved the nod."

Halladay has been rumoured to be on his way out of Toronto, as Blue Jays general manager J.P. Ricciardi recently indicated that he would be willing to deal his top pitcher for the right package.

"It's tough," Halladay said about the subject of trade rumours. "It's somewhere I



Roy Halladay

"When you do get a chance to be that first one out, it's special."

Roy Halladay

joy being, but it's what's going to be best for the organization. It has been tough because I enjoy Toronto so much."

The 2003 AL Cy Young winner, Halladay owns a record of 10-3 with a 2.85 earned run average in 17 starts this season. He spent some time in June on the 15-day disabled list with a strained groin and is 0-2 in three starts since returning from the injury.

Halladay becomes the third different Blue Jay to start an all-star game, joining David Wells in 2000 and Dave Stieb in 1983 and '84.

"When you do get a chance to be that first one out, it's special," Halladay said. "It doesn't happen very often. It's a special feeling."

METRO NEWS SERVICES

Prince crowned king at home run derby

BASEBALL Milwaukee first baseman Prince Fielder captured the 2009 Home Run Derby, beating Texas outfielder Nelson Cruz in the final round last night at Busch Stadium.

The 25-year-old Fielder became the first player from the Brewers to win the competition, held in advance of today's all-star game. He had six homers

in the final round to five for Cruz.

Fielder, who will be on the field today as an all-star for the second time in his career, participated in the 2007 Derby and was eliminated in the first round. He has already established a new franchise record with 78



Prince Fielder

RBI prior to the All-Star break, and showed great power with his left-handed swing last night, clubbing the longest homer, measured at 503 feet in the second round. "I was just happy to be able to put on a show and glad I won," said Fielder.

METRO NEWS SERVICES

Oilers pre-season schedule released

NHL The Edmonton Oilers will open the 2009-10 season with an eight-game pre-season schedule, which will include four home games at Rexall Place and four away games.

Edmonton will open the pre-season with five games in six nights beginning Tuesday, Sept. 15, when they head south to face-off against their provincial rivals, the Calgary Flames at the Pengrowth Saddledome.

METRO NEWS SERVICES

Sports in brief

TOUR DE FRANCE Alberto Contador shrugged off Lance Armstrong's talk of tensions within the Astana team, saying yesterday he would let nothing distract him on his quest for a second Tour de France victory. Seven-time champ Armstrong said Sunday that having two strong co-leaders on the team was not without its problems.

TENNIS The WTA Tour has named Welland, Ont., native Stacey Allaster as its new chairman and chief executive officer. Allaster has been the president of the women's professional tennis circuit since 2006. In her

new post, Allaster succeeds Larry Scott, who left the WTA to become the commissioner of the Pac-10 conference.

DEFECTED Cuban pitcher Aroldis Chapman, who defected from the Caribbean nation earlier this month after arriving with his national team for a tournament in the Netherlands, has signed with an agent. If Chapman follows the path of previous Cuban baseball players who defected, he would establish residency outside the U.S., and become a free agent.

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Your Money

EDITOR: NINA.DRAGICEVIC@METRONews.CA

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AlisonOnMoney

Alison Griffiths

metronews.ca/alisononmoney

Note to Wall Street, Bay Street and all the other global avenues of fi-

nance — the next time, boys and girls, you feel a question welling up about where you're investing this billion or that trillion, make sure it gets answered before you make the buy.

I'm not saying that the last five years of accounting scandals, not to mention the asset-backed commercial paper implosion and the sub-prime mortgage meltdown, wouldn't have happened if a few

Ask about everything

It's your money, find out exactly where it goes

questions had been asked and answered.

But it is clear that at least some of the mess could have been avoided if a few key people made one simple query. What the heck is this product anyway?

The lesson to be learned here is to ask questions about your investments. Don't have any, you say?

If you have an RRSP (Registered Retirement Savings Plan), RESP (Registered Education Savings Plan), TFSA (Tax Free Savings Account) or RDSP (Registered Disability Savings Plan), then you are an investor. And it's critical to understand what you're buying for any of these accounts when you make your con-

tributions.

The only way to do that is to ask questions.

There's no such thing as a stupid one, by the way. Not all salespeople will understand everything they sell but the good ones won't cover it up by offering some version

of, "My firm believes it's a good investment," all dressed up with confusing jargon.

One of the best questions to ask is about the potential for loss in worst case situations such as March 2009 or November 2008 when the markets posted record lows.

For example, many bought hedge funds thinking they were essentially virtually risk-free GICs.

Alison's Money Rule:

When it comes to investing your money, there's no such thing as a stupid question.



The lesson to be learned here is to ask questions about your investments. Don't have any, you say?

With a clear picture of the downside I doubt whether the average person would have touched them.

The bottom line is that if you don't thoroughly understand an investment product — walk away. You would be better off park-

ing your money in a safe and sound bond or GIC than risk losing it on something you don't comprehend.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

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MAKING SENSE OF MORTGAGES.

A mortgage expert with over 30-years of lending experience answers some of the most common questions about mortgage financing.

by **Mel Valerio, Broker/Owner**
Mortgage Innovations Inc.

I want to stop renting and buy a home. What do I need to qualify for a mortgage?

There are 3 main criteria that lenders look for when approving a mortgage. Here they are in order of importance:

#1 Credit - Your credit rating is the single most important component in obtaining a mortgage. In fact, if your credit rating is above average, you will qualify for a larger mortgage. If you don't have a credit rating, we are happy to show you how to establish one. We can also counsel you on how to repair your credit. For detailed information about how credit works, please visit our website.

#2 Employment/Income - Lenders are looking for steady employment - either self-employment or salaried/hourly employment. A general calculation on qualifying income is that your mortgage payment can't be more than 32% of your

gross monthly salary, and all your debts (including your mortgage) can't be more than 40% of your monthly salary.

#3 Downpayment - Generally, a minimum downpayment is 5% of the purchase price of the home; however, if you have an above average credit score, you can purchase for \$0 down. Ask us how.

For detailed information about mortgages; credit; current rates and programs; and other useful information, please visit our website at: mortgageinnovations.ca.

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Each week we will answer a different mortgage question in the Metro.

MORTGAGE INNOVATIONS

The 'affordability' factor

MoneyMatters

Henry Choo Chong
metronews.ca/moneymatters

Q My wife and I would like to start a family. However, we are seriously concerned about the cost of housing in Toronto. Our work is in the city, and like the conveniences of dining and entertainment. Housing costs will consume more than 40 per cent of our gross salaries. Is this the norm for many households?

— **Trina and Sam**

A According to a recent housing report released by RBC Economics, affordability measures have been restored to historical averages.

With declining housing cost in most provinces in Canada, this has made it easier for many families to get into the homeownership market.

The RBC's Affordability measure for a detached bungalow in our largest cities are as follows: Vancouver 62.6 per cent, Toronto 45.9 per cent, Ot-

tawa 39.1 per cent, Montreal 36.5 per cent and Calgary 35.1 per cent.

What does this mean to you and me? The higher the affordability reading, the more money is needed to service the cost. Vancouver continues to be the most unaffordable, consuming 62.6 per cent of a household's pre-tax income.

Toronto's not far behind, consuming more than 45.9 per cent of your hard earned dollars.

These numbers are only benchmarks and do not necessarily mean a family should or should not enter the housing market because their "affordability factor" is less than or greater than this measure.

Individuals should look at their own specific financial circumstances and make that judgment based on their situation. Factors such as children, debts, jobs, lifestyle, economy, etc., will also come into play.

A family that uses 70 per cent of pre-tax income to service housing in Toronto would quickly result in crisis mode, not unlike many of ex-homeowners in the United States.

Henry Choo Chong, CGA, can be reached at choochonghcg@yahoo.ca.

Prices slightly behind last year's

Average national prices remain slightly behind those posted during the same period in 2008. Detached bungalows declined to \$327,964 (-3.5 per cent), two storey property prices decreased to \$392,378 (-3.7 per cent), and standard condominiums price points fell to \$237,112 (-3.8 per cent), year-over-year. **ROYAL LEPAGE**

business **9****Your Money**

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Alberta posts more price modifications in housing

FORECAST Canada's resale housing market recovered lost ground in the second quarter and is poised to stabilize for the remainder of 2009, after a very slow start to the year, according to the Royal LePage Market Survey Forecast and House Price Survey released recently.

As the economy begins to stabilize and consumer confidence improves, house prices are expected to appreciate slightly in much of eastern and central Canada. Greater than national average price declines are predicted for the western cities that saw the greatest price inflation earlier in the decade, including Edmonton, Calgary and Vancouver.

Undergoing an inevitable cyclical correction, price adjustments can be seen with marked variances across Canada's provinces. As expected, British Columbia and Alberta posted the most significant price modifica-

tions, as home values in those markets retreated in the wake of several mid-decade years of unsustainable price inflation, and have now evolved to a more balanced state. Prices appear to have stabilized and it is expected that these regions will continue to see improvements into 2010. In particular, the impact of lower home prices has improved affordability to the point that people are buying homes again on the West Coast, where sales has increased substantially.

METRO NEWS SERVICES

Investing**Allan Small**

Allan Small says now's the time to invest — not to run from the market. Visit metronews.ca/investing

A hand with homes

Online tool helps track details in the homebuying process

While they are often cause for celebration, planning a home purchase and a move are often cited as some of life's most stressful events.

Many other life moments have built-in backup to help you along the way: Weddings have planners, and vacations offer itineraries and tour guides. It only makes sense, that something as important as a home purchase comes with planners and checklists to keep us organized and in control every step of the way.

My Home Planner, found at homeownership.ca, is a new and useful online tool from Genworth Financial Canada that helps make sense of the homebuying process.

It's like having a constant companion on your journey to homeownership — one with a great



Want your car in that driveway? My Home Planner is an online tool to help you get it there. Visit homeownership.ca.

memory and a knack for details. An interactive calendar shows you your roadmap at a glance and serves as an official countdown to when you close the deal and move in.

My Home Planner does the memory work for you — keeping track of tasks and decisions that need to be handled on the way to

your new home. It even generates email notifications to remind you of key details so that you can stay focused on the big picture.

Other free resources include:

- A personalization feature that populates your Home Planner calendar with both standard and

customized homebuying tasks

- The ability to save your own Home Planner to your desktop or laptop, and print it for easy reference
- Interactive tools like "What Can I Afford?" and "Rent vs. Buy" calculators

- A library of articles from industry experts, filled with tips and advice about the homebuying process

Why go it alone? Tools like My Home Planner from Genworth Financial Canada can help you understand what homeownership looks like, plan your journey and close the deal knowing that you haven't missed a single step along the way.

NEWS CANADA

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Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Industry keeps on trucking

ANDREAS MORSE
for Metro Edmonton

The sight of a big rig truck barreling down the highway is all too familiar here in Alberta.

The truck driving industry hasn't been as adversely affected by the downturn in the economy as other

trades and Brendan Clarke, associate dean of trades at Keyano College in Fort McMurray, says the driving courses offered at his school are still quite popular.

"We haven't noticed a whole lot of change. There are still sub-divisions being built, there are still roads being built, and The Brick is still delivering furniture,"



In Alberta, there are some colleges — such as Keyano College — and private schools that offer truck driver training.

he says. "In Alberta, I don't think we've seen as much of an impact as other parts of the country, or even North America."

Keyano College offers both Class 1 and 3 driver training courses. Class 3 vehicles are like dump trucks, a tandem axle vehicle with air brakes. A Class 1 vehicle has a trailer attached, so it's a tandem axle truck with air brakes and a trailer.

"If you have your Class 1 licence, you have the ability to drive anything except a motorcycle," Clarke says. "And then there are special

endorsements after that to drive the extended-length vehicles."

Clarke says the Class 3 course at Keyano is quite popular as a starting-off point.

"It's very difficult to go straight from driving your car to driving a tractor trailer," he says. "We recommend to all our students that they get a Class 3 licence first and they spend at least six months running a garbage truck or a dump truck to get some experience with the size of the vehicle and traffic."

"And then, once they're comfortable, come back and go for their Class 1."

While there are a few colleges across the province that offer truck driving courses, bigger cities like Edmonton, Calgary and Lethbridge have plenty of private driver training schools.

The difference between private and public schools is that the public schools offer one-month long programs where students come in green and get their full qualifications at the end. Private schools are more

flexible for the students. You rent a truck and an instructor for as many hours as you need until you're ready to challenge the exam.

"In order to get your licence, you have to do a written test with the motor vehicles department and then a road test with a motor vehicles approved examiner," Clarke says. "If you're going to get your Class 1, then you also need a medical."

Keyano College's next intake is Aug. 4; before your rubber hits the road, visit keyano.ca for more.

Truck Driving Training Schools

- Capilano Truck Driver Training Institute (capilanotrucktraining.com)
- Gennaro Transport Training (gennaro.ca/training/index.html)
- Cameron Driver Education (camerondrivetraining.com)
- Alberta Transport Training Academy (a-t-t-a.ca)

Alberta to host skilled trades competition in September

ANDREAS MORSE
for Metro Edmonton

More than 900 students from 51 regions and countries around the world will converge on Calgary in September for the 40th WorldSkills Competition.

It's the first time in the trades and technology competition's 59-year history that it will be held in Alberta and only the second time in Canada — a sure sign that Alberta is still a

sought-after place for tradespeople of all kinds.

"There's still quite a demand in the province for skilled trades and that's why we're supporting the WorldSkills Competition," says Allia Sabir, a spokesperson for the Government of Alberta. "Our hope is to continue the skills movement in Alberta and develop our next generation of skilled workers."

The competition runs from Sept. 1 to 7 and will feature competitors be-

tween the ages of 17 and 22 in 45 different skill categories.

Once the competition is over, the young, skilled workers will be looking for jobs in their chosen fields. But before they can become certified plumbers, electricians or glaziers, they all must become registered apprentices.

The first step in becoming an apprentice is gaining employment. Once the worker has found a job, they indicate to their em-

For more information...

- For more on NAIT's apprenticeship programs, go to nait.ca.
- If you'd like more information

on the Alberta Apprenticeship and Industry Training Board, go to tradesecrets.gov.ab.ca.

ployer that they'd like to apprentice, at which time they register with the Alberta Apprenticeship and Industry Training Board.

As they train as an apprentice, they'll spend 80 per cent of their time on

the job and the other 20 per cent in the classroom.

The Northern Alberta Institute of Technology (NAIT) in Edmonton offers 250 programs, including 35 apprenticeship trades. They offer programs rang-

ing from auto body technician to welder.

"We train more apprentices in Canada than anyone else," says Rayne Kuntz, NAIT's media relations co-ordinator.

As of Dec. 31, 2008 there were more than 70,000 registered apprentices in Alberta.

"It's quite a large number," Sabir says. "And there's still quite a bit of demand in certain trades for skilled tradespeople across the province."



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learning curve **11**

Mechanics always in demand

ANDREAS MORSE
for Metro Edmonton



I once had a backyard gearhead tell me that the first step in becoming a mechanic is looking under the hood and then reading a book.

But for most people starting down at a 273 small block V8 engine in a 1967 Dodge Dart GT, they might as well be looking at the inner workings of an F-16 fighter jet.

And that's why we have mechanics. Mechanics who go a little further in their training than lifting the hood and reading a book.

Mechanics, just like plumbers, electricians, and millwrights, have to go through an apprenticeship before becoming certified. And in Alberta, that starts with the Alberta Apprenticeship and Industry Training Board.

"The first thing that any apprentice does is find an employer," says Allia Sabir, a spokesperson for the Government of Alberta. "Then if they want to get their apprenticeship, they must sign an apprenticeship con-



Mechanics have to go through an apprenticeship before they can be certified.

tract, which registers them with Apprenticeship and Industry Training within the Alberta Government."

Once the apprentice has registered with the province, they can start their on-the-job training as well as their classroom education.

"An apprenticeship is 80 per cent on-the-job training and 20 per cent is technical training at a post-secondary institution," says Sabir. "The training that you receive at the end of the day is certified by the government."

For the technical training portion of the mechanic's apprenticeship, many people choose the Northern Alberta Institute of Technology in Edmonton.

"We're training over 13,000 apprentices this year and that's just us," says Rayne Kuntz, NAIT's media relations co-ordinator. "We do more than 50 per cent in the province, so we are by far the biggest and we train more than any other college in the country."

There are about a dozen other schools in the province where mechanics can get their in-class training and it's a standardized curriculum. The training you receive at Keyano College in Fort McMurray is the same you'll receive at the Southern Alberta Institute of Technology in Calgary.

And despite the slow economy, Michel Servadio, assistant manager at the downtown Midas in Edmonton, says people will continue to drive and vehicles will continue to need mechanics.

"Mechanics will never go," Servadio says. "It's just like any trade. You'll never see plumbers disappear, you'll never see carpenters disappear, you'll never see electricians disappear, and it's the same with automobiles, you'll never see mechanics disappear."

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Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Beautiful hair, naturally

Haircare that's easy on your locks and the environment

SOFI PAPAMARKO
For Metro Canada

You want the best for your hair, but you also want to be kinder and gentler to the environment.

Good news! There's a new generation of natural hair care products that will help you feel good about the environment without sacrificing the look of your locks.

While certainly not as natural as brushing organic patchouli oil through your tresses and calling it a day, these products are more ecologically sound than most shampoos and conditioners on the market and will leave your hair silky, shiny and free from the dreaded residue often associated with natural hair care products.

Schwarzkopf Professional

Schwarzkopf Professional's Essensity line features shampoos, conditioners, styling products and gorgeous ammonia-free hair colour that is 90 per cent natural — so why not go all the way?

"In order to not compro-



Schwarzkopf Professional's Essensity line and Simply Organic's Everyday Hair are among the many products available that will not just breathe new life into your hair but protect the planet as well.

mise performance of product, at this point you still have to have some synthetic ingredients," explains Kelly Cook, technical adviser for Schwarzkopf. Their amazing Clarifying Shampoo contains organic Eucalyptus essences and is 100 per cent free from artificial colour, artificial fragrances, silicones, PEG's and parabens. Schwarzkopf also have an impressive tropical reforestation initiative in place. (\$15.75 at s c h w a r z k o p f -

professional.com).

Simply Organic

If you're looking to add lustrous shine to your hair naturally, then Simply Organic's Everyday Hair and Scalp Wash and Rinse is a one-two punch. Made with olive leaf extracts and free from parabens, you'll definitely feel good about using it.

Unexpected bonus No. 1: It totally smells like root beer. Unexpected bonus No. 2: In a pinch, the Every-

day Hair and Scalp Rinse does brilliant double duty as a shaving cream. (\$26 at simplyorganicbeauty.com).

Nature Clean

For those with allergies and sensitivities to fragranced personal care products, Nature Clean is a veritable dream come true. The Canadian owned-and-operated company's Herbal Shampoo and Conditioner is 99.9 per cent natural, hypoallergenic and unscented. Best of all, your

hair has never looked or felt better. (\$8.99 at naturecleanliving.com).

Dr. Hauschka

Containing macadamia nut oil and orange oil as well as extracts of Fenu-greek and Rosemary Leaf, Dr. Hauschka's Macadamia and Orange Shampoo for normal hair leaves you smelling like a spice rack and rinses squeaky clean.

Instead of using much-maligned ingredients like sodium lauryl sulfate, a sugar-based surfactant is used to create a sexy lather. (\$19.95 at drhauschka.ca).

Aveda

Aveda have launched their Sun Care line, featuring a Hair and Body Cleanser that removes chlorine and salt build-up and contains natural ingredients such as Tamanu oil, certified organic coconut oil and green tea extract.

It's packaged in 80 per cent post-consumer recycled high-density polyethylene and is scented with Aveda's 100 per cent certified organic signature Pure-Fume blend. (\$24.50 at aveda.com).

Haircare when you are travelling

Forget "experimenting" with hotel shampoo and conditioners, travel in luxury with Schwarzkopf Professional's two new travel trio kits.

- For stressed locks, there's the Cashmere Travel Kit. It contains the Seah Cashmere Bath Shampoo (50ml), the Seah Cashmere Wrap Conditioner (50ml) and the Seah Cashmere Masque (30ml).

- For colour-treated locks, there's the Blossom Travel Kit. It contains Seah Blossom Bath Shampoo (50ml), Seah Blossom Wrap Conditioner (50ml) and Seah Blossom Masque (30ml).

- Both kits come with a free mini travel pouch and cost \$24 each. Seah products are available at select salons across Canada. To find a store near you please call 1-800-463-3081.



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How big is your love?

The J Spot

Josey Vogels

metronews.ca/thejspot

Seems that old adage about people "letting themselves go" after marriage is true.

Research out of the University of North Carolina recently published in the journal Obesity followed 6,949 U.S. adolescents into young adulthood and found that those who married were more than twice as likely to become obese than those who just kept dating.

It isn't surprising that people put on weight once

married. Instead of scarfing down a frozen Lean Cuisine before rushing out to meet your Monday night Singles' Rock Climbing club, once married, you're more likely to sit down to a full meal together followed by a night in front of the TV, scarfing down a bag of potato chips while the svelte couple in your wedding portrait mocks you from the mantle piece.

Obviously this isn't an issue for many couples — just more to love, right? — but, as wonderful as it is to love and accept each other no matter what, it seems to me many people use this as an excuse to stop loving themselves.

And before you get on my case and think I'm implying that you can't love yourself if you're heavy or that you can't love and accept someone else who's

heavy, I'm speaking more specifically about people who don't start marriage that way.

According to this study, controlling your weight in a relationship can be tough and even cause strain in the relationship. For example, if your partner is constantly bringing home junk food when he or she knows you're struggling with your weight it can make you feel resentful and unsupported.

So what do you do? Simply accept it as part of married life? Obviously, we fall in love with a person, not their size but to deny that part of what drew you to your partner was their physical appearance is naïve.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Harry Potter midnight screening

There will be a special Harry Potter and the Half-Blood Prince screening at midnight tonight at City Centre Cinemas, Clareview Cinemas, North Edmonton Cinemas, Scotiabank Theatre West Mall, South Edmonton Common and Westmount Centres theatres. For the review and screen times, read tomorrow's Metro. **METRO NEWS SERVICES**



13

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Ryan's big raise

According to the Hollywood Reporter, Ryan Seacrest has signed a deal worth \$45 million US to continue hosting American Idol for the next three years, more than tripling his old salary. **POPEATER.COM**



Dead Weather goes with the music

BRYAN BORZYKOWSKI
for Metro Canada

If anyone deserves the title "busiest musician in show-biz" it's Jack White. Besides fronting The White Stripes, the prolific artist is a producer, a record store owner and the guitarist and singer in the Raconteurs. So when White started yet another project, even he was surprised.

"I wasn't expecting to be in a new band on another tour," says White before a gig in Toronto. "Last fall I had an empty calendar. I can't believe what has happened in the last six months."

What's happened is The Dead Weather, a sludgy garage blues rock band that features The Kills' Alison



The Dead Weather is equal parts The White Stripes, Queens of the Stone Age, The Kills and The Raconteurs but their sound is unique, says drummer Jack White.

Mosshart on vocals, Queens of the Stone Age's Dean Fertita on guitar, Raconteurs' Jack Lawrence on bass and White on the skins.

It's a supergroup to be sure, but unlike, say, Velvet Revolver, the foursome isn't doing this to make a quick buck. The reason they formed the band, says

White, is because the music told them to.

"I do believe the music tells you what to do," he explains. "If the songs didn't emerge they wouldn't have told us to form a band. We're busy. We're not looking for something fun to do. There was a direct need to create these songs."

You can't just chalk this band formation up to some musical spirit having its way with the group — it helped that White became friends with Mosshart after the Kills opened for the Raconteurs.

Soon enough the friendship blossomed into a musical partnership when, on

one alcohol-fuelled night, the two songwriters, along with Fertita and Lawrence, recorded Gary Numan's Are Friends Electric. About 12 hours later they had written four other songs.

"We just kept writing," says Mosshart. "It was really a massive accident. We had so many songs that we really loved and we were having such a good time."

There's no question that these swampy goth-rock songs are fun, but they're no White Stripes or Kills. White admits that it might be difficult for people to get that this new band is different.

"If you put musicians in bands together people think the new group should therefore be better than the best Queens, Stripes and Kills songs put together," says White. "It's

impossible for fans not to have these preconceptions. I imagine it will take a couple listens to clear their head."

White also points out that just because this group doesn't sound quite like their other acts, doesn't mean The Dead Weather went into the studio consciously trying to create a new sound.

"It's very hard for people not to think it's pre-mediated and talked about," he says. "But, if we sat down and said who should be in this band, it would have been something else. If you go into it thinking I like this one Missing Persons album or I like this Frank Zappa record then maybe you'll get something, but it won't make sense. If it doesn't come naturally then it's not worth doing."

A&E's Jackson family reality show in limbo

SHOW A&E is working on a reality project with the Jackson family that could gain newfound viewer interest in the wake of the King of Pop's death.

The network commissioned a one-hour special following Jackie, Tito, Jermaine, Marlon and Randy that was originally intended to serve as a "backdoor pilot" for a potential series. After Michael's unexpected death last month and subsequent intensive media coverage, the question for A&E becomes: What now?

"We are respecting the family's wishes right now, and at the appropriate time we will all decide what direction this program to take, so stay tuned," said A&E executives.

REUTERS

GlobalStyle

Kenya Hunt

Read Kenya exclusively at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/14/09	2	CFRN	239 318	etalk	Hollywood	Canada's Next Top Model (N)	Law & Order: SVU	Criminal Minds (HDTV)	News (N)			
	3	KHQ	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	America's Got Talent	America's Got Talent (N)			Law/Ord SVU
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Being Erica (DVS)	CBC News: The National	The Hour		
	6	KREM	- 372	News (N)	Hollywood	The Doctors		NCIS 'Love & War'	Big Brother 11 (N)	48 Hr. Mystery		
	7	CKEM	241 347	Law & Order: SVU		Man Tracker	Man Tracker	According-Jim	According-Jim	News		
	8	CITY	240 339	ET Canada	Entertainment	NCIS		NCIS 'Love & War'	Big Brother 11 (N)	News Hour		
	11	OMNI	- -	Two/Half Men	The Simpsons	News		News	The Simpsons	King		
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Superstars (N)	Better Off Ted	Scrubs	PrimeTime	
	16	KAYU	- 373	(6) MLB Baseball All-Star Game, (HDTV) (Live)		According-Jim	King of the Hill	According-Jim	The Simpsons	Raymond	News (N)	
	19	CHTV	- -	The Insider (N)	ET News	Ruby	Ruby	Taking It Off	Better Off Ted	Rocker Moms	News (N)	
news	22	KSPS	- 374	NewsHour With Jim Lehrer		Nova (HDTV) (DVS)		Nova scienceNOW (N)	Wild Lives			Okie Noodling
	24	WTVS	- 364	Nova scienceNOW (N)		Weapon-WW II	Weapon-WW II	My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N)	
	15	CBON	502	CBC News: The National		Mad, Bad & Ugly Drivers		CBC News: The National	CBC News: The National	Drivers		
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live (N)		Anderson Cooper 360 (HDTV)		News	CTV News	News		Cooper 360
	54	CTVN	501 391	CTV News Tonight		News	CTV News	Headline	CTV News	News		News
	70	BNN	504 408	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400 500	(6) World Poker Tour		SportsCentre (HDTV) (Live)		In This Corner	Premier League Poker III (N)	Premier Poker		
	23	net	408 418	(6) MLB Baseball All-Star Game, From Busch Stadium in St. Louis.		Drag Race	Drag Race	Pimp My Ride	Pass Time	Pimp My Ride	MMA Conn	
	47	SPEED	417 406	Super Bikes!	Super Bikes!	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Super Bikes!
sports	94	SCORE	410 403	Poker		Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score
	9	EDACC	267 351	Alberta Primetime (Live)		Cupid 'Shipping Out'		Monk	America's Got Talent (N)	PrimeTime		
	14	YTV	552 543	iCarly		Family Biz	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	45	FAM	557 541	Zoeys 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Suba-salé	Qui perd gagne (N) (SC)		Fort Boyard (SC)		Nos étés (SC)		TVA 22 heures
	18	CMT	575 583	Reba		Hope & Faith	Hope & Faith	Ultimate Garth: Hits	Home Improve.	Home Improve.		Reba
	25	A&E	615 520	The First 48 (HDTV) (N)		The Cleaner (HDTV) (N)		The Cleaner (HDTV)		The First 48 (HDTV)		The First 48
	26	MMM	571 581	I'm a Celebrity, Get Me Out.		Entourage	Gene Simmons	The Daily Fix		I'm a Celebrity, Get Me Out.		Entourage
family	29	FOOD	603 561	Hell's Kitchen		Good Eats	Good Eats	Iron Chef America	Unwrapped			Iron Chef Am.
	31	SHOW	617 522	Trailer Park	Trailer Park	The Outer Limits		Painkiller Jane		The Haunting of Sorority Row (2007)		
	32	DISC	520 505	Destroyed	Destroyed	Deadliest Catch (N)		Daily Planet	Destroyed	Deadliest		
	33	SLICE	601 562	Rich Bride, Poor Bride		Rich Bride, Poor Bride		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Style by Jury	Friends	Style by Jury	Style by Jury	Style by Jury		Confessions
	35	TLC	521 560	18 Kids-Count	18 Kids-Count	Little Couple	Little Couple	18 Kids-Count	18 Kids-Count	Little Couple		Stager
	36	BRAVO	520 523	Crossroads of Rock N' Roll		Bravonews	Numus	Law & Order		Without a Trace		Wit (2001)
	38	SPICE	628 584	Ways to Die	Ways to Die	Ways to Die	MANswers	MANswers	MANswers	CSI: Crime Scene Invstgn.		Ways to Die
	40	HIST	522 506	To Build a Nation		NCIS 'Singled Out'		Marine Machines		Last Words		Ax Men
	41	COM	626 547	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas		The Simpsons	South Park	Hot Box (N)
cable variety	43	SPACE	627 528	Torchwood		Watchmen	Watchmen	(9:15) Stargate SG-1	Star Trek: Next Gener.	Star Trek: Next Gener.		Trek: Voyager
	44	WPCH	294 650	Twister *** (1996, Action)	Helen Hunt, Bill Paxton.			Seinfeld	Steve Harvey	Donnie Brasco (1997, Crime Drama)		
	46	OLN	411 457	(6) Cycling Tour de France - Stage 10.				Cycling Tour de France - Stage 10.	From Limoges to Issoudun.			
	48	TROP	619 525	North of 60		Power Play 'The Truth'		Tube Tales	Tube Tales	Seinfeld	Raymond	Family Guy
	50	STAR	621 527	Look-A-Like	Look-A-Like	Tonight Show-Conan O'Brien		TMZ	etalk	The Girls Next Door		Ellen Show
	52	HGTV	600 564	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes on Homes		SarahCottage	Genevieve	HGTV's Top 10
	65	TLN	700 800	Ma Il Portiere non C'e Mal?		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		Pagado
	92	APTN	269 350	Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	From the Spirit	New Canoe	The Rez	Short Cuts	Moccasin Flats
	93	VISION	261 394	Quantum Leap		Galileo's Sons		Pottergeist: The Legacy		On the Waterfront *** (1954, Drama)		
	100	MTV	581 566	Super Sweet	Run's House	Run's House	Run's House	MTV Live	After	Living on Edge	Living on Edge	Run's House
cable variety	101	MM	570 580	Greek		Video on Trial		One Tree Hill		Greek		MuchVibe
	102	CPAC	512 396	(6:30) Primetime Politics		Revue	Question Period	Question Period		Prime-Politics	Primetime Politics	
	103	VIVA	526 507	The Closer 'Overkill'		Ghostly Enc.	In Dreams	Psychic Inv.	Encounters	Judging Amy		Missing
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct		Le Téléjournal (SC)		24 Heures en 60 minutes		Le Téléjournal
	161	SUPER		Married Life ** (2007, Crime Drama)				(8:45) Death Defying Acts ** (2007, Drama)				Humboldt County (2008)

critics'corner

Being Erica

All it takes is one intimidating person to make someone leery of standing up for herself. In this episode, Erica has a new boss who's a real bully. To help her gain the confidence to confront him, Dr. Tom sends her back to university for a do-over with a fearsome professor in "The Secret of Now." 9 PM on CBXT



Mad, Bad & Ugly Drivers

This new documentary spotlights three kinds of dangerous drivers — the overly aggressive, the overtired and the distracted. The crash footage will have you rethinking your driving habits. The film also offers a peek at technological innovations that may help. 8 PM on CBCN

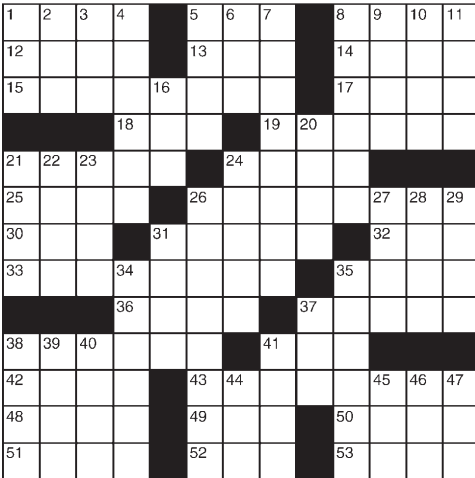
Law & Order: Special Victims Unit

While investigating a triple murder, Detectives Benson and Stabler discover that one of the victims had been working at a strip club run by former Birdie City Music Hall Rockette Riddle Suloway, who tries to pitch in with her nephew to help solve the case, but the investigation takes an odd turn in "Ballerina." 9 PM on CFTN: 11 PM on KHF



Michele McDougall, Weather Specialist & Host – Breakfast Television

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



Crossword across

- 1 Soother
- 5 Vacationing
- 8 Cavort
- 12 Concept
- 13 Island souvenir
- 14 Ontario neighbour
- 15 Welcome information
- 17 Confront
- 18 Coffee holder
- 19 Semi, e.g.
- 21 Pie nut
- 24 Slender
- 25 Destroy
- 26 Bargain
- 30 A Gershwin brother
- 31 Houston hockey team
- 32 Pi follower
- 33 Bible
- 35 On in years
- 36 Wriggly swimmers
- 37 Travelocity mascot
- 38 Old Portuguese money
- 41 Crone
- 42 Body powder
- 43 "I hope you succeed"
- 48 Lotion additive
- 49 Anger
- 50 Needle case
- 51 Stamina
- 52 Letterman's network
- 53 Exemplar of 24-Across

Crossword down

- 1 Ginormous
- 2 Commotion
- 3 Zodiac cat
- 4 Nut
- 5 Couturier Cassini
- 6 Not a lot
- 7 End of the line?
- 8 Money back
- 9 Exam format
- 10 Sightless trio of rhyme
- 11 Equal
- 16 Sister
- 20 Helps
- 21 Overly proper one
- 22 38-Across' replacement
- 23 "Arrivederci"
- 24 Barcelona bulls
- 26 Re earth science
- 27 Therefore
- 28 Throat sound
- 29 Prospector's find
- 31 Sleeping
- 34 Low cards
- 35 User of 7-Down
- 37 Peregrinate
- 38 List-ending abbr.
- 39 Post-Christmas event
- 40 Stop up
- 41 Weeding tools
- 44 Sphere
- 45 Multipurpose truck
- 46 Prompt
- 47 Youngster

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

E B B	S T E A M	F L U	6	7	1	8	5	2	4	3	9
L E O	A W A R E	L I S	5	3	4	7	9	6	1	8	2
F L A T T I R E S	A R E		9	2	8	4	1	3	6	7	5
	O U T	A O R T A S	7	5	9	3	8	4	2	6	1
R E S O R T	S N I T		1	8	6	9	2	7	3	5	4
E T H	N E W	S L A P S	3	4	2	1	6	5	7	9	8
S C A T	R O E	E X E C	4	6	5	2	3	8	9	1	7
T H R O W	E N T	E T A	8	9	7	6	4	1	5	2	3
	P E R U	G A S S E R	2	1	3	5	7	9	8	4	6
S W E D E N	A P E										
L O Y	S H A R P T U R N										
A V E	T I L D E	F E E									
Y E S	S P I E D	O P T									

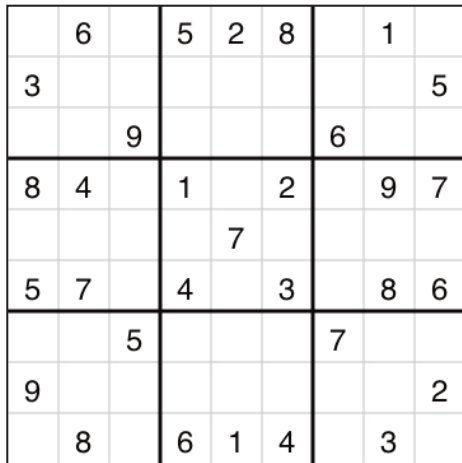
Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	21-25 min	Not bad
13-17 min	25+ min	Keep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Chicken Strips with Garlic Sauce

INGREDIENTS:

- 1 lb (500 g) boneless, skinless chicken breasts
- 4–6 cloves garlic
- 2 tbsp (25 ml) Dijon mustard
- 1 tbsp (15 ml) tomato paste
- 2 tbsp (25 ml) wine vinegar
- 4 tbsp (60 ml) chicken stock or water
- 4 scallions
- 2 tbsp (25 ml) olive oil
- 1/2 lb (250 g) vermicelli
- Salt and black pepper
- 2 tsp (10 ml) cornstarch
- 3/4 cup (175 ml) table cream

METHOD:

1. Put pot of water on to boil for vermicelli. Cut chicken breasts diagonally into long, thin strips.
2. Peel garlic and crush into bowl. Stir in mustard, tomato paste, vinegar and stock or water.
3. Rinse and dry scallions. Holding them together firmly, slice green parts finely and push to one side, then slice white parts finely and keep separate.
4. Heat 1 1/2 tbsp (20 ml)

oil in frying pan over high heat. Stir-fry chicken 1–2 minutes, until white.

5. Stir garlic and vinegar mixture into pan and add white parts of scallions. Bring to boil, cover, and simmer gently 5 minutes.
6. Meanwhile, add vermicelli and some salt to boiling water. Return to boil and cook 3 minutes, then drain well and toss in remaining olive oil.
7. Blend cornstarch with a little cream and stir into chicken. Add green parts of scallions, reserving some for garnish, then add remaining cream and season to taste. Stir over moderate heat 2–3 minutes until sauce thickens.
8. Serve chicken and sauce over vermicelli and garnish with reserved slices of scallion.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES MARCH 21-APRIL 20

If you say too much or go too far today you will leave others standing in amazement — which is precisely what you were hoping for!

LIBRA SEPT 23-OCT 23

Have you considered the possibility that the universe is trying to tell you something? Maybe you should stay right where you are.

TAURUS APRIL 21-MAY 21

Not everyone will agree with your verbal musings today but that won't stop you. It will only encourage you to double your efforts to persuade.

SCORPIO OCT 24-NOV 22

It's good to be assertive but it's not so good if you try to coerce people into doing things that run counter to their interests.

GEMINI MAY 22-JUNE 21

The Sun's alliance with your ruling planet Mercury today is generally a good thing but it also warns that you need to take care when it comes to deals.

SAGITTARIUS NOV 23-DEC 21

A minor disagreement over a money-related matter could get blown out of all proportion, so watch what you say.

CANCER JUNE 22-JULY 22

You might not want to make waves but if you don't say your piece now you may not get another chance until much later in the year.

CAPRICORN DEC 22-JAN 20

It may look as if others are ganging up on you but are they really, or is it just that you are super sensitive at the moment?

LEO JULY 23-AUG 23

You don't have to try to decipher every simple message that comes your way. Take what you are told at face value today.

AQUARIUS JAN 21-FEB 18

You may want to help those in need but you have needs too and they will inevitably conflict with what other people expect of you.

VIRGO AUG 24-SEPT 22

A friend will give you some extraordinarily good news today but for some reason you will be reluctant to accept it. Don't be so defeatist.

PISCES FEB 19-MARCH 20

No way are you going to keep a low profile today. You have plenty to say and lots to prove and if others resent your me-first attitude, that's too bad.

This day in history

- JULY 14, 1223: Louis VIII becomes King of France upon the death of his father, Philip II of France.
- JULY 14, 1798: The Sedition Act becomes United States law making it a federal crime to write, publish, or utter false or malicious statements about the United States government.
- JULY 14, 1881: Billy the Kid is shot and killed by Pat Garrett outside Fort Sumner.
- JULY 14, 1933: Gleichschaltung: In Germany, all political parties are outlawed except the Nazi Party.
- JULY 14, 2003: The United States Government admits to the existence of "Area 51."

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—plus—

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Breakfast

Standard rm.

Aug. 17-19 • 1 wk.

Free Tour: Half-day Paris city tour

\$1149

Taxes & fees: \$417

London via Toronto

The Hotel Russell • 4 ★

Breakfast

Standard rm. special

Aug. 3, 4, 9, 16-19 • 1 wk.

Free Tour: Hop-on / hop-off tour

of London by open top bus

\$1249

Taxes & fees: \$485

DEALS to the **SUN**

Santa Clara via Calgary

Meliá Las Dunas • 4 ★

All-Inclusive • Standard rm.
July 19 & 26 • 1 wk.

\$859

Taxes & fees: \$212

Santa Clara via Calgary

Occidental Royal Hiway

Ensenachos • 5 ★

All-Inclusive

Supersaver Royal Spa rm.²

Aug. 2-23 • 1 wk.

\$1339

Taxes & fees: \$212

Honolulu, Hawaii

via Vancouver

Aqua Aloha

Surf & Spa • 3 ★

Continental breakfast

Surf 2009 - Moderate

partial city view room

Sept. 7, 10, 13 & 17 • 1 wk.

\$889

Taxes & fees: 161

Cancun/Riviera Maya

Occidental

Grand Xcaret • 4 1/2 ★

All-Inclusive • Deluxe rm.

Dec. 24 • 1 wk.

\$1669

Taxes & fees: \$262

Gran Bahia

Principe Tulum • 5 ★

All-Inclusive • Standard rm.

Dec. 24 • 1 wk.

\$2349

Taxes & fees: \$262

Maui, Hawaii via Vancouver

Aston at the

Maui Banyan • 3 ★

One bedroom / one bathroom

standard suite

Sept. 5 & 19 • 1 wk.

\$1099

Taxes & fees: \$161

Turks & Caicos via Toronto

Comfort Suites • 3 ★

Continental breakfast

Standard junior suite

Aug. 15 & 29 • 1 wk.

\$1079

Taxes & fees: \$246

DEALS on CRUISES

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Western Caribbean

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Sept. 5 • 5 nts.

\$1079

Taxes & fees: \$223

Adventures of the Seas[®]

Southern Caribbean

Flights to San Juan via Toronto

All meals included

Interior stateroom, cat. M

Nov. 1, 29, Dec. 6 & 13 • 1 wk.

\$1359

Taxes & fees: \$259

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Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are valid for bookings made between July 14 & 18/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Edmonton International Airport. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures. ¹Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Edmonton to London, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ²Minimum stay: 2 nights. Please request your free tour at time of booking. ³Compliments of Air Canada Vacation is not included. ⁴Royal Caribbean International Ltd. ships' registry: The Bahamas. ⁵Available in conjunction with flight-inclusive packages. Non-stop flights via Edmonton. Excluding USA & Europe destinations. ⁶Available on select flights. Full details available at aircanadavacations.com/executiveclass. ⁷Aeroplan is a registered trademark of Aeroplan Canada Inc. ⁸Air Canada Vacations is a registered trademark of Air Canada, used under license by Tourism Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.